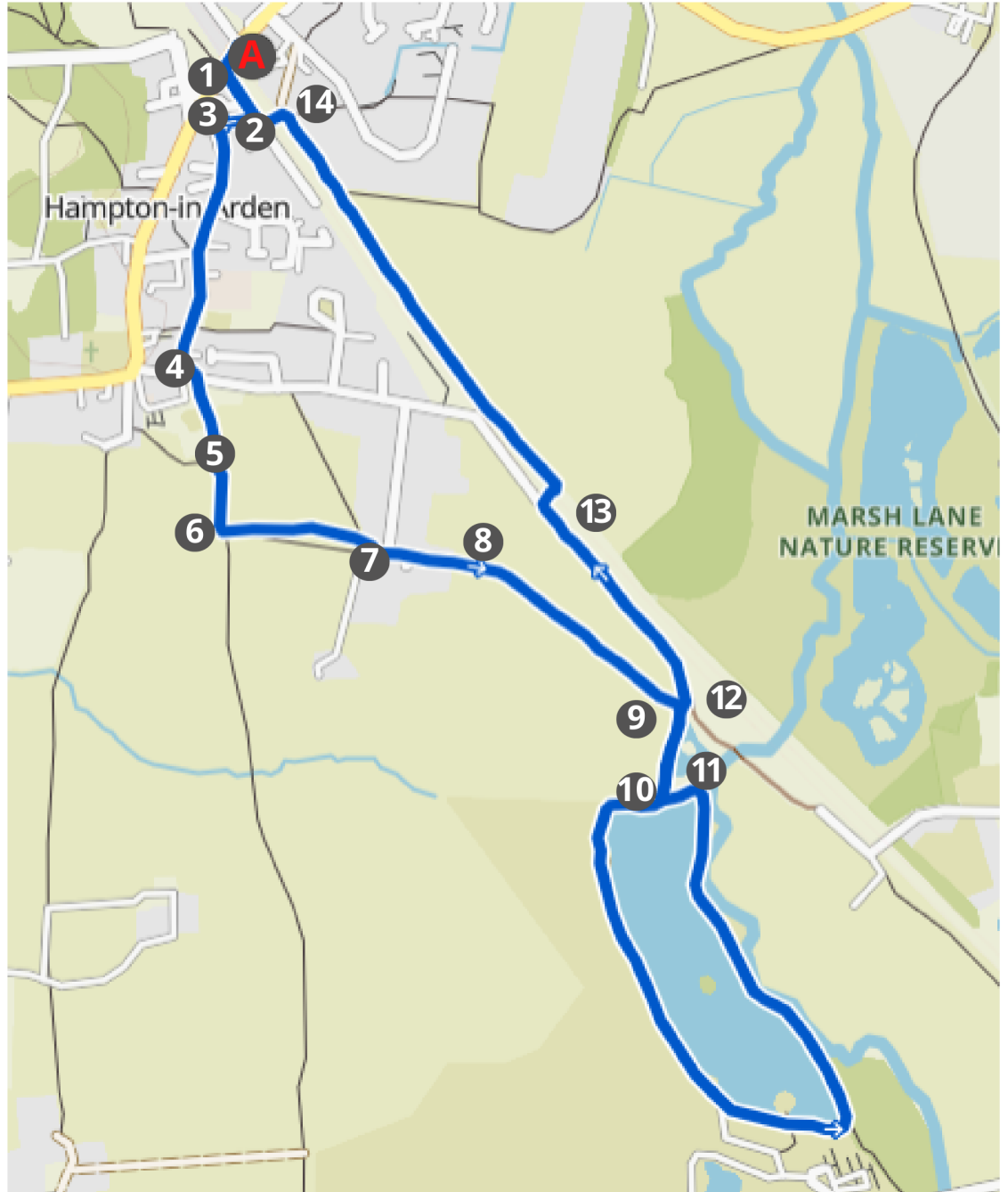


CIRCULAR WALK HAMPTON IN ARDEN

This 5km circular walk takes you around Barston Lakes and starts from Hampton in Arden railway station.





A The starting (and end) point to the walk is Hampton in Arden train station. An alternative starting point is the car park at Hampton in Arden surgery off Marsh Lane (postcode B92 0AH)

1 Exit the station car park and turn left over the railway bridge and take the first left onto Station Road.

2 At the bollards take the path on your right and walk between the houses on your right and the flats on your left.

3 At the end of the path turn left onto Fentham Road

4 Continue along Fentham Road until you meet the junction with Marsh Lane. Turn left onto Marsh Lane and immediately take the footpath on the opposite side (to the left of Rose Cottage)



5 Go through the gate into the open grassland and continue to follow the footpath straight in front of you heading towards the gate at the far end.



6 Head over the stile and continue downhill to the next gate.

7 At the next gate turn left towards the houses and continue along the footpath until the next gate (on the right) which meets the road. Walk straight ahead and take the narrow footpath to the left of house number 31. The footpath will lead you to an area where you may find horses. Walk straight ahead through the field to the far gate. Enter the next field.





- 8** Continue walking about 200m through the field to the next gate. The railway track will be visible on your left hand side.



- 9** Enter into the next field and continue to follow the footpath to the next gate (slight diagonal). Enter the wooded area and when you met a new footpath, turn right. You are now entering the nature reserve and will walk past the pond on your left.



- 10** When you get to the lake head right on to the circular path around the lake.



- 11** Walk all the way around the lake until you get to the same footpath that you entered the lake from. (The footpath is near to the electricity pylon).

- 12** Walk past the pond and past the footpath that you came from earlier. Head towards the metal gate and turn left onto the lane. There is a bin here if you need to dispose of poo bags. You may see some cars parked here on the left hand side and the train track will be on your right hand side.

- 13** When you reach the railway bridge turn right and go under. The footpath will then turn left and you are now heading back to the train station



- 14** Follow the road through the residential area until you get to Grange Road. Cross over Grange Road and head diagonally left towards Dorridge Village Hall car park.



14 At the end of the field go through the gate and continue walking alongside the railway track.

15 After around 130m you will come to a footpath that will take you over the railway line.



15 After around 130m you will come to a footpath that will take you over the railway line. Once across the railway line turn right onto the lane you were on at the beginning of the walk.

15 Once at the main road turn right until you reach the railway station